

LPGOLFPERFORMANCE.NL

LIESBETH PAUWELS

AMSTERDAM, THE NETHERLANDS

LP GOLF  
PERFORMANCE

COLLABORATIONS





## LIESBETH PAUWELS

Golfer, founder and director of LP Golf Performance. Liesbeth Pauwels is passionate to inspire, coach, educate and activate golfers in Europe to play golf forever through golf specific movement coaching.

## LP GOLF PERFORMANCE

A leading and innovative organisation for golf injury prevention, golf movement and improving performance. Focusing on delivering a lifelong golf enjoyment through individual coaching, workshops, presentations, retreats, consulting all nationally and internationally.

#playgolf forever is the international community created to enhance learning development and support by LP.

## ACADEMIC CREDENTIALS LP

- B.Kinesiology, University British Colombia
- Titleist Performance Institute Certified, Junior Level 3

## SOCIAL MEDIA FOLLOWING

@LP.GOLF.PERFORMANCE  
#PLAYGOLFFOREVER



5 K



800



600



1000

## ALSO WORKED WITH



= NATIONAAL =  
GOLFMAGAZINE



SR SATURDAY RENTALS  
Everyday is Saturday



golfers  
MAGAZINE



+31 646190631

info@lpgolfperformance.nl

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## MISSION

Inspire others to be in movement.

## UNIQUE EXPERIENCE

LP shares her unique experience, knowledge and passion for movement on a detailed blog and writes about it in Holland's biggest Golf Magazines and Newsletter with a yearly reach of 300K golfers. She also has her own Golf Fitness instruction for Golfers Magazine with a reach of 200K golfers. She coaches professional and amateur golfers on a daily basis.



**"FOR ME IT'S ABOUT  
CONNECTION, MOVEMENT  
AND THE POSSIBILITIES OF  
EMPOWERING OTHERS THAT  
DRIVES ME EACH AND  
EVERY SINGLE DAY"**

## NETWORK

LP has a very strong network in the golf community world wide.

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## SUCCESS STORIES

"Bijzonder dat Liesbeth in staat is met zachte en doch ferme hand je aan te zetten tot BEWEGEN. En dat hebben we zeker gedaan, in verschillende vormen. Gericht op de golf, ja dat wel, maar eigenlijk gericht op algehele souplesse, voor elk persoon een MUST."

"De expertise van Liesbeth heeft mij bewuster gemaakt hoe belangrijk het lichaam en mindset is tijdens het golfspel. Door haar kennis op het gebied van TPI is mijn houding van een bolle rug aanzienlijk verbeterd en sta nu veel actiever tijdens m'n slag."

"Na afloop zat ik "goed in mijn vel" en voelde ik mij veel dynamischer!"



"Mijn sessies waren leuk, gezellig en ontspannend. Liesbeth verstaat de kunst om zonder waardeoordeel over waar je staat met je conditie en lichaam, in mijn geval niet al te afgetraind, met je aan de slag te gaan. Ik kijk terug op een inspirerende tijd."

"Door een programma te volgen bij Liesbeth hebben wij ervaren dat het trainen van ons lijf zin heeft op vele fronten. Fitter, sterker en soepeler wat niet alleen het golfen maar alle dingen in het leven makkelijker maakt. Maar ook haar enorme energie werkt aanstekelijk waardoor je gemotiveerd raakt om nog beter voor je lijf te zorgen"

"Thanks to Liesbeth's enthusiasm and drive It was easy to keep practising and stay motivated. Last but not least in daily live I also feel much more energised and active."

"After every session I felt great and had fun doing it too, largely due to the fact that Liesbeth is not only knowledgeable but also made it fun."

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## HIGH IMPACT PROGRAMS

Workshop Seminar GolfYoga & GolfFitness on location  
starting from €1950

Golf Health Performance Day on location starting from €2500

Group Retreat starting from €1500 P.P

Private Retreat starting from €1500

Tailormade GolfAcademy Fitness Consulting starting from  
€2500

Warm Up during Golf Event starting from €900

CEO & Management Movement Inspiration Session starting  
from €900

Content Collaboration starting from €1000

\* All prices are excluding taxes, travel expenses and can be  
booked nationally and internationally. Some programs also  
include added bonus instruction videos, individual intakes &  
extra on-course instruction tools.

**I'M GOING TO GET GOLFERS  
BACK IN BALANCE.  
I TEACH GOLFERS TO GIVE  
DIRECTION TO THEIR OWN  
HEALTH AGAIN.  
I TEACH GOLFERS THAT  
THEY ARE ABLE TO ACHIEVE  
WHAT THEY REALLY WANT.  
I'M GOING TO BRING  
GOLFERS BACK IN CONTACT  
WITH THEIR NATURAL  
MOVEMENT AND HEALTH.**

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A full-page photograph of a golfer, Liesbeth Pauwels, in silhouette, captured in a putting stance on a lush green golf course. The golfer is positioned in the center-right of the frame, leaning forward with a golf club. The background features a clear blue sky with wispy white clouds and a line of trees on the horizon. The overall mood is serene and professional.

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